

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>January 2019</b> ACTIVITIES SCHEDULE</p>		<p><b>HAPPY NEW YEAR!</b> 1 * Happy "Noon" Years Lunch Social * Card Games at your leisure  <small>New Year's Day</small></p>	<p>2 * Library * Devotion &amp; Exercise * Group Crossword * Group Walk * Bingo</p>	<p>3 * Chair Yoga Exercise * Coffee w/ Music * Winter Craft - Snowglobes * Travel Video</p>	<p>4 * Stretching Exercise * Winter Trivia * Manicure Magic * Bingo</p>	<p>5 * Exercise Video * Movie - Butch Cassidy and the Sundance kid</p>
<p>6 * Mass * Worship Service * Sunday Social</p>	<p>7 * Devotion &amp; Exercise * Group Puzzle Social * Group Walk * Marshmallow Cake Pops * Group Prayer</p>	<p>8 * Chair Tai Chi Exercise * Current Events * Craft : Lotion Making * Rummikub</p>	<p>9 * Library * Group Walk * Tech Class - How to download an app * Better Your Brain - Benefits of Exercise on the Brain/Memory</p>	<p>10 * Devotion * Group Exercise * Watercolor Painting * Board Games</p>	<p>11 * Chair Exercise * Craft : Making Vision Boards * Pet Therapy * Bingo</p>	<p>12 * Exercise Video * "National Kiss a Ginger Day" - Watch old "I Love Lucy" Episodes</p>
<p>13 * Mass * Worship Service * Sunday Social</p>	<p>14 * Devotion &amp; Exercise * Group Word Finds * Pet Fashion Show * Group Prayer</p>	<p>15 * Group Walk Exercise * Bible Study * Chickenfoot Dominoes * Antiques Show &amp; Tell</p>	<p>16 * Library * Chair Yoga Exercise * "Fig Newton Day" Issac Newton Trivia and snacks social * Hand &amp; Foot Card Games</p>	<p>17 * Stretching Exercise * Art : Painting with Bob Ross * RESIDENT OF THE MONTH * Socrates Cafe</p>	<p>18 * Group Exercise * Manicure Magic * LUNCH OUTING * Synonym Bingo</p>	<p>19 * Exercise Video * Movie - Sully</p>
<p>20 * Mass * Worship Service * Sunday Social</p>	<p>21 * Devotion * Group Walk * History Club : Martin Luther King Jr * Group Prayer  <small>Martin Luther King Day</small></p>	<p>22 * Chair Tai Chi Exercise * Current Events * WALMART OUTING * Alzheimer's Support Group</p>	<p>23 * Library * Group Walk Exercise * Gospel Sing-A-Long * Craft : Calligraphy Class</p>	<p>24 * Devotion &amp; Exercise * Beautiful Beads * BIRTHDAY PARTY</p>	<p>25 * Stretching Exercise * Manicure Magic * Group Walk * Opposite Bingo</p>	<p>26 * Exercise Video * Movie - My Best Friend's Wedding</p>
<p>27 * Mass * Worship Service * Sunday Social</p>	<p>28 * PJs and Pancakes Social * Group Word Scramble * Group Prayer  <small>Australia Day (observed)</small></p>	<p>29 * Chair Exercise * Current Events * Mexican Train Dominoes * Rummikub</p>	<p>30 * Library * Book Club * Croissant Day - Sliders Lunch Social * Group Walk * Bridge Games</p>	<p>31 * Devotion &amp; Exercise * Painting and Music * National Inspire Your Heart with Art Day * Scrabble</p>	 <p>Wishing you and your families a Happy and Healthy New Year!</p>	

\*\*Activities are subject to change. Please refer to the dry/erase board in the hallway on a daily basis.